

Newsletter



Term 4 Newsletter



Dear Families and Friends

THANK YOU all for supporting our most successful concert yet! Dancer participation and enjoyment levels, audience numbers and overwhelmingly positive feedback indicate our annual flagship event was truly fabulous! The dancers lit up the stage with their performances filling the crowd with absolute joy and elicited a rousing response of cheering and clapping throughout the afternoon. Congratulations to everyone, especially our army of incredible volunteers working behind-the-scenes and without whom we simply would not be able to run this event.

Term 4 is upon us and we have 10 packed weeks of high-energy fun and new dance experiences (including much loved tap dancing!) plus several site performances coming up. The final class of the year will be a disco/performance for all the family you also won't want to miss. During this important term all participants will continue to develop their technique and performance skills. As always we are committed to giving all students the best quality program and variety of activities each week.

This term we are opening our new Bendigo site in response to demand from families in this region, celebrating National Down Syndrome Awareness Week and DSV at their Step Up

events and jetting up to Canberra to perform at the Prime Minister's National Disability Awards!

Goodluck to to all our participants travelling to Newcastle to take part in the Special Olympics performance!

I look forward to catching up with you all soon.

Cate x

Founder and Chief Executive Officer (Volunteer)

Class Focus for next 10 weeks

Please note that Tap will be taught in blocks of 4 weeks this term. Classes commence in either week 2 or week 6.

- **Kew Kinder & Cranbourne Kinder:** Basic dance movement & creative expression through themes
 - **Kew & Cranbourne (excluding kinder) & Bundoora, Pascoe Vale, Ballarat:** Introduction of tap technique & consolidation of dance movement
 - **Bendigo:** Introduction of basic dance movement, dance class rules & structure
 - **Geelong:** Expanding their dance movement vocabulary, understanding & remembering class, structure & creative expression
 - **Mover Squad:** Expanding dance movement vocabulary & creative expression
 - **Performance Group:** Consolidation of performances pieces
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Calendar: Pencil it in your diary...

- **13 Oct:** [Step Up for Down Syndrome](#) walk and dance performance (Kew, Pascoe Vale, Bundoora, Cranbourne)
 - **13-20 Oct:** Down syndrome Awareness Week
 - **24 Nov:** [Hawthorn Arts Centre](#) Open Day (Performance Group & Mover Squad)
 - **27 Oct:** Geelong - [Step Up for Down Syndrome](#) (Geelong & Ballarat)
 - **26 Nov:** Prime Minister's National Disability Awards (Performance Group)
 - **29 Nov:** International Day for People with Disability (Geelong)
 - **30 Nov:** Wallara Annual Concert (Cranbourne, Performance Group, Mover Squad)
 - **1 Dec:** [Special Olympics 2013 Asia Pacific Games](#)
 - **3 Dec:** [Day International Day of Disability](#)
 - **5 Dec:** International Volunteer Day
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Musicool Concert Success!!

(Click [here](#) to see concert photos)

We are so delighted with the success of this year's 'Musicool' Concert! This was the first year with 2 back-to-back shows and it really demonstrated how much e.motion21 has grown over the past 4 years! We had over 160 of our dancers participate and a combined audience of over 1500! We've been receiving tons of heartwarming feedback since concert day and wanted to share some of it with you:

"it was unbelievable! had tears in my eyes! So much joy and love filled the room! Can't wait to sign up my daughter and be part of this wonderful and amazing team! YOU GUYS ROCK! xxxxx" - Tiziana De Franceschi, Spectator

"Joyous, infectious performances. Such beautiful smiles!" - Josef Brown, Neighbours

"Such an inspiring show. We could not stop clapping, smiling, laughing and even a few tears at one stage. Well done to all of the performers, we were thoroughly entertained. Thank you."

- Alison McEvoy, Spectator

DVD: Place your order online today!

DVDs can be purchased online are still available and can be ordered [here](#). Keep the memories of our special day alive by purchasing the DVD for just \$30. This DVD will be treasured for years to come by all our dancers as they re-live the feeling and celebration of the e.motion21 'Musicool' Concert 2013.

Volunteer Vibe: 5mins with...Helen Atkinson!

From coordinating catering donations to admin support in the office, Helen was wonderful addition to this year's concert team!

**Do you have a special talent?**

I'm a Hula Hooper and am part of a Circus Society!

Tea or coffee?

Tea! (Please, I'm British.)

What was your favourite part of the e.motion21 concert?

My favourite part of the concert, apart from the dances I got to see, was the way everyone worked together. Every volunteer was so helpful and happy to be there.

What's the farthest you've been away from home?

Here! This is the furthest I've been from home, other places include Vegas and Kenya!

Dream place to visit?

I'd love to visit asia, especially India.

What do you enjoy most about volunteering with e.motion21?

The people! Everyone I met in the office, at rehearsal and on the concert day were all remarkable people, so kind and full of life.

Volunteer with us!!

|YOUTUBE:[\$vid=ipmRNx8XYS4, \$ratings=N, \$title=N, \$border=N, \$views=N]|

Join our group of incredibly awesome volunteers. Gain new skills, new friends and a new outlook! Our next volunteer training session is 10 November 2013.

Contact Fiona our Volunteer Coordinator on volunteer@emotion21.org.au

Teacher Update

In term 4, Annie Malesic (Geelong & Bundoora) will be taking a travelling holiday. We thank Annie for her dedication to e.motion21 and very much look forward to her return in 2014. We wish Brianne Turk (Kew) the best for her university placement in term 4 who will be replaced by Colette MacLaren (Head of Dance) for the Kinder class and Natalie Bitsas (Bundoora teacher) for the Primary Class.

Farewell to Tara Lynch (Geelong) who is pursuing her career at Deakin University. We thank Tara for her efforts and wish her the best for the future. Lastly, a huge welcome to two new teachers - Amy Whitten (Bendigo) and Aimee Freind (Geelong) who both join us with a vast teaching history and experience in a range of dance styles.

Meet the team: Our new Geelong teacher, Aimee!

**Where were you born?**

Busselton, WA.

What's your favourite colour?

It changes every day. Today it's yellow.

What is your most memorable performance?

When I was living in Darwin I performed in a music video clip for a local band. I dressed up as a zombie and danced a thriller inspired piece on the beach.

What has been your most exciting adventure?

Last year I spend three months travelling around Europe in a van. I visited England, France, Italy, Greece, Croatia, Poland, Austria, Germany and the Netherlands.

Who is your idol?

I don't really have an idol as such but my mother is my inspiration. She survived breast cancer and is the strongest woman I know and most important woman in my life.

What do you enjoy most about being involved in e.motion21?

Making others happy. What I've learnt is that e.motion21 creates a chain reaction of happiness. I am happy because I love to dance and teach, the dancers are happy because they also love to dance, perform and learn. This then spreads to their families and friends and then out into the wider community.

Research Update

We sincerely appreciate your support of our important research collaboration with RMIT University.

Researchers have recently completed collection of information related to the effect of participation in e.motion21 programs on adult and adolescent dancers, their parents/carers and families. Over the coming months, the findings of the research will be released. Each person and their family who participated in the research will receive a report. Early indications from the analysis of the information shows that e.motion21 programs are highly valued by dancers and their families, with highlights including the contribution to friendships, exercise, socialisation, enjoyment, support from others, and access to information being viewed as key outcomes.

Linked to this research, a survey of families has been conducted, with 63 surveys submitted. The survey information will be analysed over coming weeks and findings and reports provided soon after. This term, the focus of the research will move to children, so look for opportunities to become involved!

We are delighted to be supporting a **NEW** research project linked to RMIT University, being conducted by postgraduate student Anna Mumford (a past e.motion21 volunteer). This research will focus on adults in the Performance Group, and look at the incidental learning that occurs for dancers through their participation in e.motion21 activities.

Supporter Spotlight



We have the most wonderful supporters, meet one of them - **Sharon Whorlow** from L.J Whorlow First National Real Estate:

What does supporting e.motion21 mean to you and the team? Acknowledging how fantastic e.motion21 is - is super important. When I think of e.motion21, I feel happy and that is a wonderful emotion to feel.

What's the biggest blooper you have ever made at work? I thought I had not payed the telephone bill and that the phones had been disconnected. Turns out I had rang the wrong number and was hitting re-dial.

What's the funniest place you've put a billboard? At our Christmas work do. We made a billboard for the dance floor.

Wonder woman or Catwoman? Wonder woman!

Have you ever sold a haunted house? I can't say that it has ever been reported to me, but if it was and we were asked, we would definitely pass the information on to anyone thinking of moving in!!

Do you have any hidden talents we don't know about? Shopping. When I go overboard I like to hide them!!!

What 3 things would you take to a deserted island? My family, a constant music supply and potatoes!

Fundraising Ideas

Kudos to our Ballarat site for fundraising to purchase tap shoes! Such a great idea and excellent to see the parent and local community getting behind our dancers. We always welcome new ideas and would love to hear if you have any thoughts or plans for fundraising to support your site.

Some of the organisations we love

[Funky Kids Radio](#)

[Down Syndrome Victoria](#)

[Down Syndrome Australia](#)

Contact us

Have you a question or suggestion for e.motion21? Get in touch!

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