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NDIS and e.motion21

Where e.motion21 programs categorised under the NDIS?

e.motion21 provides specialised group-based, dance and fitness classes for people with Down syndrome. As an **accredited disability service provider under the NDIS**, e.motion21 has undergone a rigorous accreditation and compliance process against both the Human Services Standards (HSS) as delineated by the Victorian Department of Health and Human Services (DHHS) and the National Standards for Disability Service (NSDS). As a result of this, all aspects of service delivery are compliant and standardised so that **e.motion21 is providing the highest level of disability support for all participants.**

e.motion21 programs are developed using an evidence-based practice model. What this means is that both the dance and Beat Fit™ programs are independently evaluated by a research team to ensure that e.motion21 are providing programs that deliver the promised outcomes for all participants including: increased wellbeing amongst participants; increased social and community participation; and increased emotional safety for participants. Click here – <https://emotion21.org.au/research/> - for more information on this research. For further information on how the e.motion21 programs support people with Down syndrome, please visit <https://emotion21.org.au/class-information/about-our-classes/>.

How can I use my NDIS funds to participate in e.motion21 classes?

When you attend your planning meeting with your designated NDIA planner you will need to discuss your individual goals. The planner will then work with you to identify supports and services that can assist you in meeting those goals.

e.motion21 is categorised under the NDIA as a **core support, 'Group Based Community, Social and Recreational Activities'**. This category has two sub-categories that apply to the e.motion21 program and which are charged at a NDIS specified price: 1. 'Group Based Activities 1:2 ratio' and 2. 'Group Based Activities in a Centre'. Either one of these support categories may be included in your NDIS plan in relation to the e.motion21 program.

An example of how an e.motion21 program might be included in your individual plan could be similar to the following example goals:

Goal: 'To spend time outside the home with people other than mum, dad or carer'

Goal: 'To participate in group based community, social and recreational activities in order to develop gross motor skills and increase social participation.'

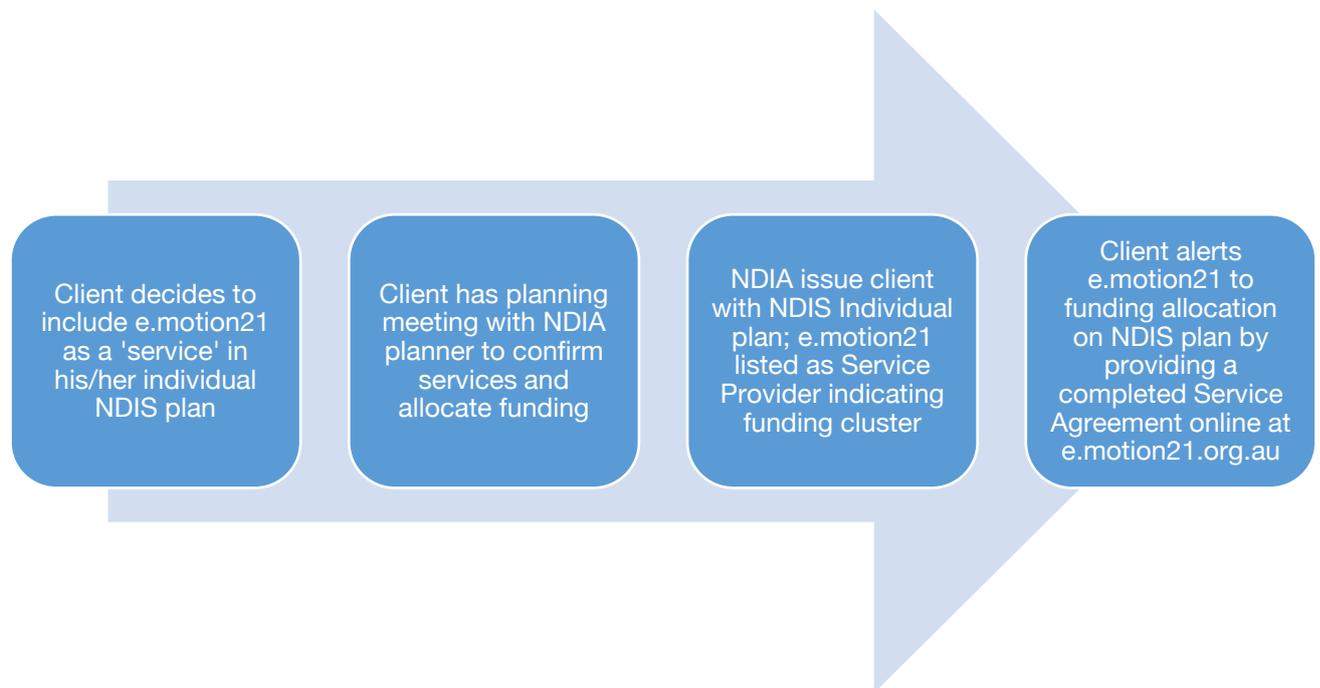
e.motion21 programs can be identified as a service that can support individuals in achieving goals similar to those mentioned above.

It is important to note that the NDIS is designed to give you, the participant, 'choice and control' over selecting services to meet your needs as outlined in your life goals. However, the NDIA also has the mandate to decide what supports for a participant are a 'reasonable and necessary' use of government funding.

What happens after I've had my planning meeting and I've had e.motion21 class/es included in my plan?

As a registered NDIS service provider, e.motion21 can access NDIS funds directly through the NDIA payment portal. This makes paying for the e.motion21 program easy and seamless. All enrolments and accounts are handled centrally by e.motion21's office. If e.motion21 is included in your plan please alert our office by completing the Service Agreement by clicking on the link on this page.

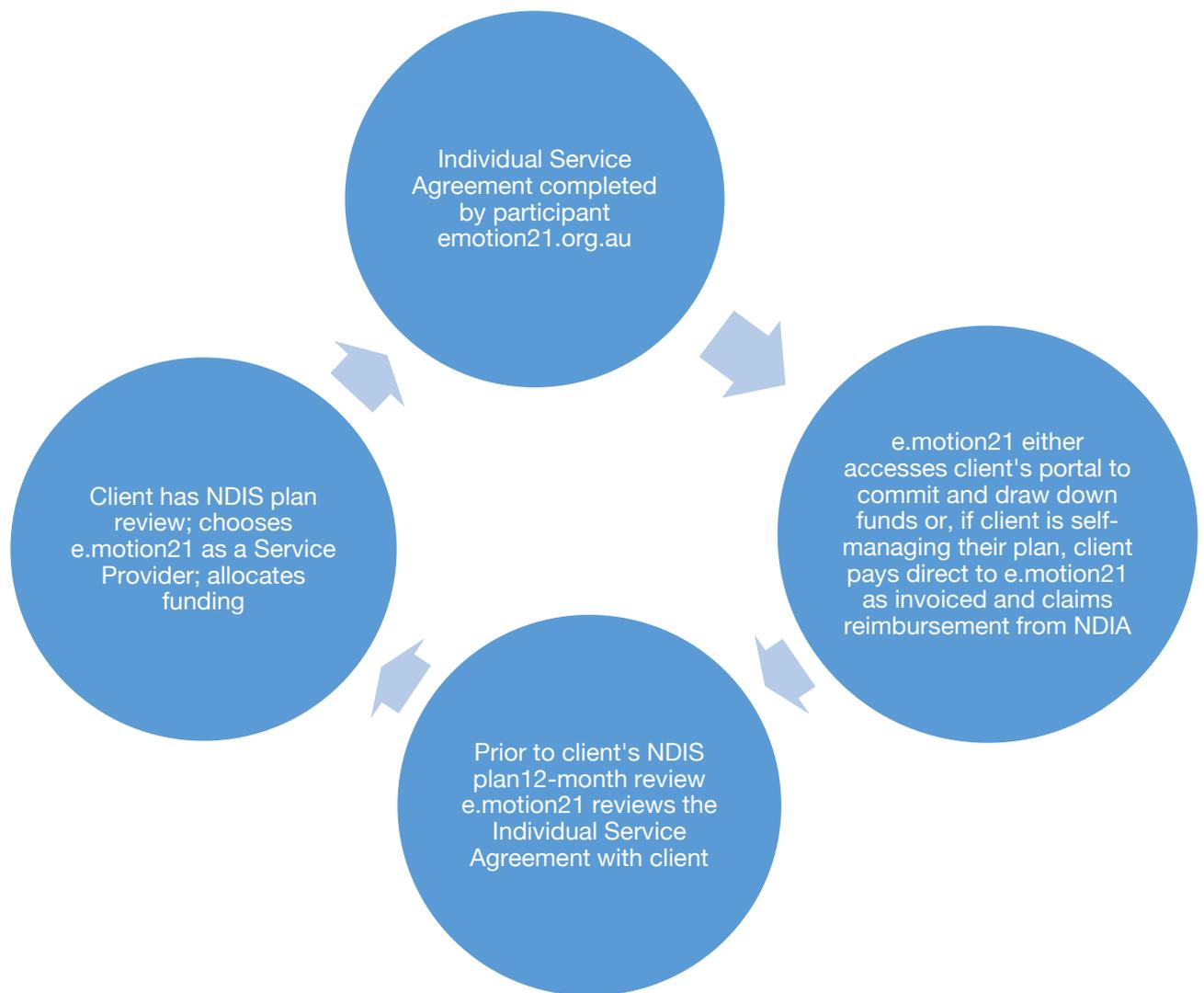
After e.motion21 has been included as a support in your individual plan the following process will take place:



Will I have a Service Agreement with e.motion21?

Yes. one of the requirements of NDIS is that service providers have a Service Agreement with each person accessing their service. e.motion21's enrolment form suffices for a Service Agreement and can easily be completed online. The Service Agreement is a description of what e.motion21 will provide, where it will be provided and what assistance is needed to make it the best possible experience. The agreement is reviewed annually or as the person joins the service.

What is the review process of the Service Agreement with e.motion21 as a service provider?



What do e.motion21 charge participants for dance and fitness classes if it is part of their support package?

The fee is set by NDIS. e.motion21 do not charge any more than the set fee for classes. The fee set by NDIS varies according to variances in support line code, i.e. 'activities in a centre', 1:2 ratio for group activities, and/or what day and time you receive the service i.e. weekdays, weekday evening and Saturday. The NDIA review their prices towards the end of each Financial Year. e.motion21 only changes its prices in accord with NDIA changes to the NDIS price for supports.

How do I pay for my e.motion21 service if it is part of my NDIS package?

At the beginning of each term or when you join, e.motion21 will go to the provider portal on the NDIS website. There is an NDIS client number that we use to enter what will or has been provided, where and when. The NDIA then checks that information against what has been agreed to. If it is all correct, NDIS pays e.motion21 directly. You do not have to do anything regarding payment.

If you are self-managing your plan, you will be invoiced the NDIS rate by e.motion21 and you will pay on that invoice and claim reimbursement from the NDIS. Standard payment terms apply and fees will be incurred should payment be overdue.

If your plan does not cover the cost of the service provided, you will be required to pay e.motion21 directly.

If you are using a financial intermediary, firstly, please alert e.motion21 to this fact so that, secondly, your invoices can be sent directly to this intermediary for payment.

If my class fees are being covered by NDIS funding, are there any other costs that I need to pay for directly to e.motion21?

Yes. Costume levies and uniform costs are not covered by NDIS and are paid for upon enrolling in an e.motion21 program. Also, if your plan does not cover all of the cost of the service provided you will be required to pay the difference directly to e.motion21. This may be overcome by contacting the NDIA and requesting a plan review so as to allocate more funds to the support category under which e.motion21 is classified.

Will I still receive paperwork from e.motion21 about fees?

Yes. At the start of each term you will receive an invoice that states which class/es you are attending for that semester and the total cost of the classes. At the bottom of the invoice it says that you do not need to pay anything as your service is funded by NDIS. This paperwork is for our accounting purposes and your information only.

What do I do if I want to take a break from or leave the e.motion21 program/s?

The process by which taking leave from or terminating the service is delineated in the Service Agreement.

What can I do if e.motion21 classes aren't included in my plan?

All NDIS participant plans are individualised with the aim of providing reasonable and necessary supports. Your NDIA planner will work with you to determine the level of your supports; e.motion21 cannot influence or make decisions regarding these matters.

If you require further information or support about our services to take to your planning meeting in order to add weight to your request to have e.motion21 classes included in your plan, please contact e.motion21 office on 9854 7100.