

Newsletter



Term 3 Newsletter

Our vision and how we achieve it



To enhance lives and change perceptions of Down syndrome within society through dance, fitness and performance.

Moving bodies providing programs to children and young adults with Down syndrome in supportive and social environments tailored to meet their specific learning needs.

Moving boundaries engaging positively with individuals, families and communities through our programs, performances and media to uncover new potential, promote understanding and raise expectations.

CEO MESSAGE

If there was one underlying message to you this term, it is that we are excited for our concert *Moving Through Time*. Whilst this year's theme symbolises music and movement through the ages, for me what is most powerful is the emotion-charged experience we all

have seeing participants shine on stage, seeing them grow over time, form friendships and develop in confidence. It's about the participants and more broadly about our families, volunteers and the community we have created.

Some of the personal stories that anchor our cause create strength in our community and give reason to work through some of the challenges our small and predominately volunteer driven organisation faces.

Whilst we strive to advance our impact and to reach more people with Down syndrome (currently we service 1% of the Down syndrome population in Australia) and their families, equally we are working hard to continue to offer reduced cost services for people with Down syndrome. Currently less than 20% of class fees cover program delivery costs. The 80% funding gap is currently met through philanthropic grants, private donations and fundraising efforts. Every story you share, contact made and our performances advocate for you and in turn advocate the work of e.motion21. We need to be united in our efforts for larger impact.

In August we will be surveying you to get your feedback on our programs, to learn the lessons we need for future progress.

As we are in the final stages of rehearsals for the annual concert, we would appreciate your full attendance in class. The participants depend on each other's attendance for the choreography and learning.

Sadly, we have closed our Highett site as we have been unable to find a suitably qualified replacement teacher for the start of the term, however the good news is all participants will be transferring to alternative sites (Cranbourne and Rowville).

There will no doubt be numerous highlights this term but what better way to kick off the term with the birth of long term teacher, colleague and friend Anna Booth's (and Ricky) baby boy (as pictured below). Can't wait to see you all also at the screening of our award winning documentary Raising The Bar!

Warm regards,
Karina

A story of love, determination and human spirit
and overcoming preconceived boundaries to conquer.

Raising The Bar

Directed by acclaimed Onir, produced by Cate Sayers
(e.motion21) and Mitu Bhowmick (Mind Blowing Films)



DOCS WITHOUT
BORDERS FILM
FESTIVAL 2017
EXCEPTIONAL
MERIT



HOLLYWOOD
INDEPENDENT
DOCUMENTARY
AWARDS 2016
AWARD WINNER



SPOTLIGHT
DOCUMENTARY
FILM AWARDS 2016
SILVER AWARD
WINNER



MARYLAND
INTERNATIONAL
FILM FESTIVAL
OFFICIAL
SELECTION



THE ETHAN
SAYLOR
MEMORIAL
FILM FESTIVAL
OFFICIAL
SELECTION

Click image to view 1min trailer and reserve your complimentary tix.

Raising The Bar screening: Monday 21 August 2017

Time: 7:00pm - 8:30pm

Parking: [Crown Multi-level Car Park Level 1](#)

Venue: [Village Cinemas](#) Crown Level 1 Crown Casino Complex

Donate: Win an amazing “Weekend Pamper Package” at the luxurious Crown Metropal Melbourne Prize includes a 2 night stay in a “Loft” for two people. Generously donated by Crown Melbourne

Program News

Get ready!

You spoke, we listened! Following the feedback we received from you earlier this year, a new Class Quality Plan has been designed and is in the process of being implemented.

Emphasis will be placed on the following areas:

- More huff and puff to increase participant fitness
- Introduction of more dynamic and fun activities in class to further engage our participants
- New opportunities for participant self-expression and in class social interaction
- Learning new skills and choreography, and demonstrating those through performance.

In term 3 between Karina (CEO), Inbar (Artistic Director) and Sarah (NDIS/NDIA Project Officer) we will be visiting each of the sites at least twice, to assist with the implementation

of the Class Quality Plan and monitor progress.



Dancer Profile

Jami from Greensborough

Jami, which cartoon character would you most like to switch lives with?

Belle from Beauty and the Beast.

Favourite moment at e.motion 21 so far? The annual concert.

You're happiest when? I'm dancing, singing or with my boyfriend Tom.

What are your hobbies outside of dancing? Listening to music, meeting up with friends and going out for lunch or dinner.

School Holiday Pilot Program

Our very first school holiday program held on 5 and 6 July was a huge success! Participants danced the day away learning new choreography based around the exciting Broadway musical, Aladdin. The workshops were facilitated by Eloise who said it was great to see participants coming together from different sites to learn and socialise. Stay tuned for more information on future holiday programs to come. We can't wait to do it again!



Beat Fit™ Community Classes

We are thrilled to announce we'll be trialling new Beat Fit™ community classes in Ballarat, Geelong and Kew from October 2017. Beat Fit™ community classes are all about getting our community together for shared fun and fitness. Family, friends, neighbours and of course our current Beat Fit™ participants will all be invited to share in the fun. Further details to come!

Volunteers WANTED

Looking for an exciting opportunity? We are always on the look out for more volunteers for classes and various events. Get on board to join in the fun by emailing volunteer@emotion21.org.au A BIG thank you also to our volunteers who attended our recent training sessions on Policy and Procedures and Induction. We love LEARNING!



NDIA Pricing 1 July 2017

The NDIA has conducted a pricing review and from 1 July the 2017/2018 Price Guide came into effect. With the NDIS still in rapid rollout across the country, price controls are still in place binding service providers like e.motion21 to charging participants a rate determined by the NDIA. For more information please visit <https://www.ndis.gov.au/providers/pricing-and-payment>

Team News

It's a Boy!

Anna Booth's beautiful baby boy was born 28 June at 10:40am weighing 4.2kgs. Congratulations Anna and Ricky!

Welcome!

We are very excited to welcome Lisa Cameron, who will be acting Program Coordinator whilst Anna is on maternity leave. Lisa has an extensive background in dance, photography and administration in community services.



A big welcome to Kylie Miro who will be teaching classes in Geelong, Pascoe Vale and Greensborough whilst Natalie is on holidays. Kylie is a graduate from the Victorian College of the Arts and has experience working with children and adults with various learning needs.

From August, Margaret Chapman will be taking on the role as our new Events Manager. Margaret has extensive experience in various roles as Marketing, Communications and Events Manager.

Save the date!

Term 3 dates:

Monday 17 July - Saturday 23 September

Upcoming Events:

Inaugural Annual Dance Affair: Thurs 20 July and Fri 21 July (Performance Company)

Indian International Film Festival (Awards Night): Friday 11 August (Performance Company)

Raising The Bar Documentary Screening (Village Crown): Monday 21 August (Performance Company)

Metro Concert Rehearsal (Camberwell Grammar): Saturday 16 Sept or Sunday 17 Sept (Rehearsal times will be emailed in the next site eblasts)

Metro Concert (Camberwell Grammar): Sunday 24 September. 1:00pm - Rowville, Cranbourne, Greensborough and e.motion21 Performance Company. 5:30pm - Kew, Highett, Pascoe Vale and e.motion21 Performance Company

Step UP for Down Syndrome: Melbourne Sun 10 October (Metro), Bendigo Sun 15 October, Geelong: Sun 15 October

Regional Concert (Loreto Ballarat): Thursday 12 November (Ballarat, Bendigo, Geelong and Performance Company)



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